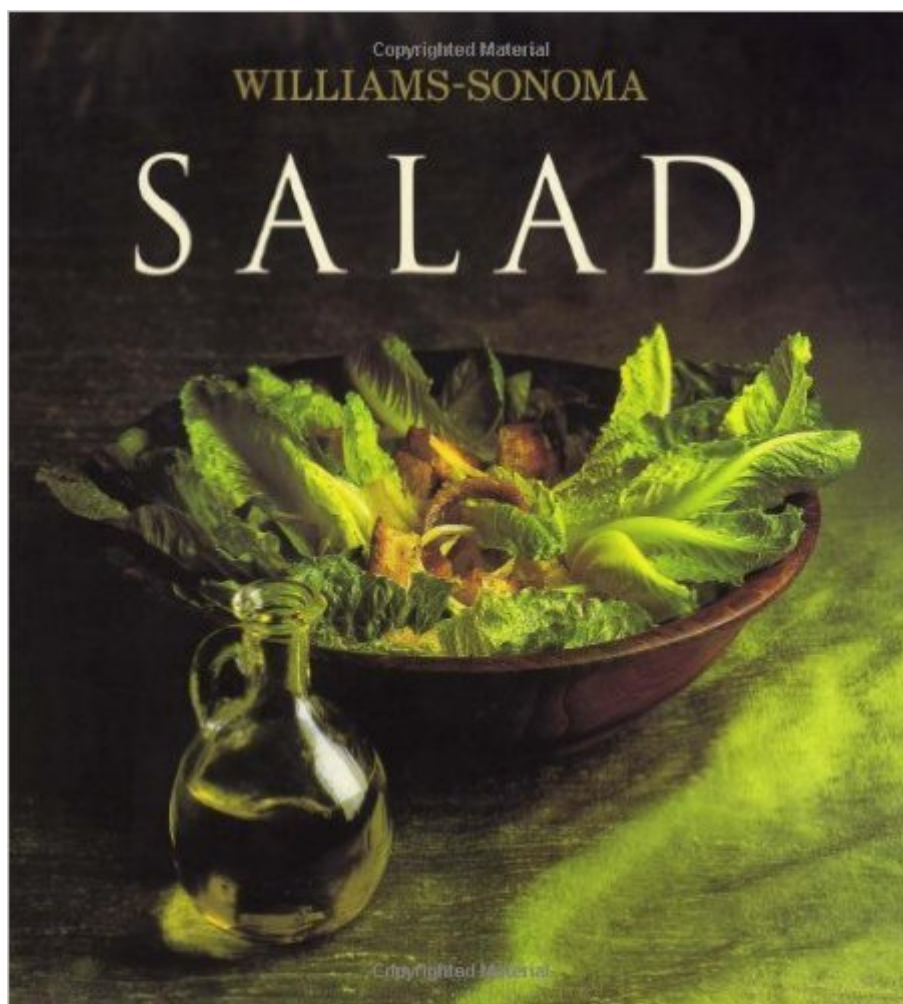


The book was found

Williams-Sonoma Collection: Salad



Synopsis

Tender spring asparagus. Luscious summer berries. Spicy autumn greens and bright winter citrus. More than any other dish, salad allows the characteristic flavors of each season to shine. A simple combination of fresh ingredients in a salad from your kitchen can be more impressive than even the most elaborate dish. Williams-Sonoma Collection Salad offers more than 40 wonderful salad recipes, grouped by season to emphasize the importance of using ingredients as they reach their natural peak of ripeness. Whether you have a bumper crop of cherry tomatoes in your backyard or a handful of wine-colored beets from the farmers' market, there's a recipe here that offers a delicious way to prepare them. A chapter of portable salads will tempt you to plan a picnic, while a selection of classic salads -- from Cobb salad to celery r  moulade -- rounds out the collection. Full-color photographs of each dish help make the choice an easy one, and each recipe is accompanied by a photographic sidebar that highlights an essential ingredient or cooking technique, making Salad much more than a great collection of simple recipes. An informative basics section and extensive glossary fill in all you need to know to create the perfect salad. Salads bring out the best in fresh seasonal ingredients, whether they are delicate spring lettuces paired with soft goat cheese or crisp autumn apples tossed with toasted pecans. Williams-Sonoma Collection Salad offers more than 40 easy-to-follow recipes, including both classic favorites and fresh new ideas. In these pages, you'll find inspiring salads designed to suit occasions throughout the year -- from an informal summer picnic to an elegant dinner with friends. This vividly photographed, full-color recipe collection, appealing to both novice and experienced cooks, will become an essential addition to your kitchen bookshelf.

Book Information

Series: Williams Sonoma Collection

Hardcover: 120 pages

Publisher: Free Press (June 5, 2002)

Language: English

ISBN-10: 074322440X

ISBN-13: 978-0743224406

Product Dimensions: 8.2 x 0.7 x 9 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.5 out of 5 stars   See all reviews   (21 customer reviews)

Best Sellers Rank: #649,073 in Books (See Top 100 in Books) #136 in   Books > Cookbooks,

Customer Reviews

'Williams-Sonoma Salad' with recipes and text by Georgeanne Brennan, under the general editorship of Williams-Sonoma founder, Chuck Williams is an excellent little, inexpensive hardcover book all about salads. Unlike some other grandly titled books on salads, this little volume does two big things right for a salads only book. For starters, it's first chapter of recipes has seven (7) recipes for major, classic salads, almost all of which originated in French, Italian, or American cuisines. These are: Caesar Salad Cobb Salad Potato Salad Salade Nicoise Celery Root Remoulade Insalata Caprese Ambrosia The second 'big' thing it gets right is that the next four chapters cover salads appropriate to each of the four seasons. While your average megamart has virtually all fruits and vegetables throughout the year, there are still some important seasonal considerations that make a difference in the quality or cost of a salad. For example, asparagus and artichokes are far cheaper in the spring than at any other time of the year; tomatoes and fresh corn are at their very best if obtained locally in the summer; apples and pears are freshest in the fall, and citrus is most abundant and least expensive in the winter. The last chapter of recipes gives us seven (7) 'picnic' salads whose taste improves over time or which are easily assembled at the last minute 'on site'. They are also very good for extended periods without refrigeration as they contain no mayonnaise or any other uncooked or semi-cooked eggs.

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